Salad Descriptions & Prices

~ Priced Per Pound ~

23 Skidoo ~ Radiator pasta, sliced green olives, toasted sunflower seeds, chopped tomatoes, red onions, parsley, red and yellow bell pepper in a balsamic vinaigrette dressing with Parmesan cheese. **$7.25**

African Peanut Salad ~ Radiator Pasta, shredded carrots, diced cucumbers, are tossed in a peanut, sesame, spicy dressing and topped with chopped peanuts. **$7.25**

Artichoke Rice Curry Salad ~ Multi grain rice, sliced green onions and chopped green peppers, artichoke hearts, and mushrooms in a creamy curried dressing. **$6.90**

Ambrosia ~ this salad is a variation on the traditional fruit salad with shredded coconut, chunks of pineapple, mandarin oranges, marshmallows, pecans and fruit cocktail are folded into sweetened whipped cream and chilled. **$7.95**

Autumn Harvest Slaw ~ Shredded green cabbage, diced red and green apples, toasted almonds, cranberries, seasonings are tossed in a tangy creamy dressing. **$7.50**

Autumn Turkey Salad ~ Orzo pasta, smoked turkey chunks, red flame grapes, sliced almonds, sliced green onions, chopped celery in a sweet poppy seed dressing. **$7.25**

Baked Potato Salad ~ Chopped Idaho potatoes, green onions, cheddar cheese, and bacon bits in a sour cream dressing. **$5.95**

Black Bean and Corn Salad ~ Black beans, red onions, kernel corn, and red and green peppers in a spicy, sour cream dressing. **$5.75**

BLT Pasta Salad ~ Penne pasta, diced tomatoes, chopped bacon tossed in a creamy dressing and served on a bed of chiffonade romaine. **$ 6.50**

Blue Cheese Potato Salad ~ Baby red potatoes, blue cheese, bacon & chives in a tarragon vinegar Dijon cream dressing. **$7.75**

Broccoli Apple Currant Salad ~ Broccoli florets, green apples, red onion, currants, toasted sunflower seeds, and almonds in a lemon dressing. **$7.25**

Broccoli Bacon Salad ~ Broccoli florets, red onions, crispy bacon and Swiss cheese in a tangy, sweet dressing. **$7.25**

Broccoli, Tomato and Cauliflower Salad ~ Broccoli and cauliflower florets, red onions, cherry tomatoes and capers, in a sweet vinaigrette. **$6.90**

Caprese Salad ~ Traditional Italian salad with mozzarella, tomato, and basil. **$5.95 per person**

Carrot & Raisin Salad ~ Shredded carrots and raisins in a sweet, creamy dressing. **$5.50**

Chicken Walnut Pesto ~ Roasted chicken, Orzo pasta, toasted walnuts, and blue cheese tossed in a pesto dressing. **$7.95**

Chinese Chicken Salad ~ Orzo pasta, snow peas, cauliflower florets, sliced green onions, toasted almonds, sesame seeds, and tender chicken chunks tossed in a ginger dressing. **$8.65**

Chinese Noodle Salad ~ Capellini noodles, sliced green onions, sesame seeds, and toasted almonds in a spicy sesame vinaigrette. **$5.25**

Chinese Pea Salad ~ Snow peas, sliced mushrooms, yellow onions, broccoli florets and Swiss cheese in a Dijon vinaigrette. **$8.65**

Chop Chop Salad ~ Jicama, radishes, carrots, mushrooms, green onions, red and green peppers, zucchini, chopped celery and blue cheese crumbles in an Italian vinaigrette. **$6.90**

Classic Potato Salad ~ Fresh boiled potatoes, chopped eggs, sweet pickles, chopped celery and diced onions in a creamy dressing. **$5.95**

Cole Slaw ~ Garden fresh shredded cabbage, carrots, onions and celery seed in a creamy dressing. **$4.95**

Curried Turkey Salad ~ Chunks of turkey breast, chopped eggs, green onions, chopped celery, parsley, currants and toasted almonds in a creamy curry dressing. **$9.50**

Dijon Potato Salad ~ Red potatoes, sliced green onions, sliced radishes, chopped eggs, and dill in a

creamy Dijon dill dressing. **$5.95**

Dijon Vegetable Salad ~ Cauliflower florets, chopped celery, green peppers, sliced carrots and snow peas in a Dijon vinaigrette. **$6.20**

German Potato Salad ~ Boiled potatoes, chopped yellow onions, crumbled bacon in a dill vinaigrette. **$5.95**

Greek Salad ~ Sliced eggplant, chopped tomatoes, green onions, cucumbers, green peppers, artichoke hearts, black olives and crumbled feta cheese in an herbal vinaigrette. **$9.95**

Greek Artichoke Salad ~ Farfalle pasta, chopped tomatoes, marinated artichoke hearts, crumbled feta cheese, fresh spinach, herbs, are tossed in a lemon vinaigrette. **$7.25**

Greek Turkey Salad ~ Chunks of turkey breast, chopped tomatoes, chopped cucumbers, red onions, black olives and crumbled feta cheese in a basil vinaigrette. **$9.95**

Green Bean and Mushroom Salad ~ Blanched green beans, sliced mushrooms and onions in a creamy garlic dressing. **$6.90**

Green Bean and Roasted Red Pepper Salad ~ Fresh green beans, roasted red pepper slices and onions in a Balsamic vinaigrette. **$5.85**

Harvest Salad ~ Bow tie pasta, sliced carrots, sliced black olives, sliced green onions, chunks of turkey in a creamy garlic dressing, topped with almonds and grated parmesan. **$8.25**

Hazelnut Currant Slaw ~ Shredded green and red cabbage, chopped green onions, diced red onions, toasted hazelnut, currants, chopped parsley are tossed in a sweet red wine vinaigrette. **$7.50**

Hunter Salad ~ Spiral rainbow pasta, green and red pepper strips, zucchini, summer squash, red onion, artichoke hearts, sundried tomatoes, in a Italian vinaigrette with parmesan cheese. **$6.90**

Indonesian Rice Salad ~ Brown rice, chopped green onions, celery, red peppers, cashews, lentils, kidney beans, adzuki beans and parsley in an orange vinaigrette. **$8.60**

Italian Vegetable Salad ~ Red and yellow peppers, zucchini, chopped celery, yellow squash, cucumbers, leeks and cauliflower florets in an Italian vinaigrette. **$8.25**

Late Summer Corn Salad ~ Fresh corn on the cob, diced red peppers, cucumbers, red onions, chopped bacon. Herbs tossed in a creamy dressing. **$7.95**

Macaroni Salad ~ Elbow macaroni, chopped green peppers, white onions, celery and tomatoes in a creamy dressing. **$4.95**

Marinated Carrot Salad ~ Carrots that are blanched, chopped, and marinated in a fresh herbal vinaigrette. **$4.95**

Marinated Vegetable Salad ~ Sliced mushrooms, cucumbers, chopped red onions, cauliflower, green peppers, broccoli and chopped tomatoes in an Italian dressing. **$5.85**

Orzo Salad ~ Orzo rice pasta, chunks of cheddar cheese, chopped parsley, chopped tomatoes and garden fresh peas in a lemon vinaigrette. **$7.00**

Pasta Pesto Salad ~ Seashell pasta, broccoli florets and mozzarella cheese in a fresh basil vinaigrette. **$6.55**

Pasta Salad ~ Spiral pasta, sliced carrots, broccoli, cauliflower, mushrooms, red onions, green peppers and black olives in an Italian vinaigrette. **$5.85**

Pea and Ham Salad ~ Garden peas, chunked cheddar cheese, chopped ham and green onions in a sour cream dressing. **$6.20**

Pesto Chick Pea Salad ~ Chickpeas (garbanzo beans), house-made basil pesto, fresh parsley, celery, red onion, mayonnaise & lemon juice. **$5.95**

Pesto Tortellini - Cheese Tortellini, sliced red onions, sliced mushrooms, and roasted cherry tomatoes tossed in our basil pesto vinaigrette. **$8.25**

Poncho Salad ~ Kidney beans, spiral pasta, diced jalapenos, sliced green onions, and chopped tomatoes, parmesan cheese, tossed in a cilantro vinaigrette. ***LOW FAT* $7.00**

Pomodoro Pasta ~ Penne pasta, chopped tomatoes, red onions, olive oil, and Parmesan cheese in a balsamic vinegar dressing. **$6.55**

Quinoa Salad ~ Quinoa is tossed with toasted almonds, arugula, mint, cucumbers, red peppers, shallots tossed with olive oil and a splash of red wine vinegar. **$9.00**

Roasted Red Pepper Orzo ~ Orzo rice pasta, roasted red, yellow, and green peppers, sundried tomatoes, artichoke hearts, parsley, chopped tomatoes, in a Dijon vinaigrette. **$7.25**

Salad Niçoise ~ Boiled red potatoes, green beans, red onions, and Niçoise olives, chopped parsley, hard boiled eggs and albacore tuna in a Dijon vinaigrette. **$9.95**

Santa Fe Chicken ~ Penne pasta, chopped red peppers, cucumbers, red onions, avocado chunks, whole black olives, chopped tomatoes, roasted chicken in a spicy southwestern dressing. **$7.95**

Santorini Salad ~ Penne pasta, chopped tomatoes, sliced cucumbers, feta cheese in a basil vinaigrette. **$6.90**

Shanghai Slaw ~ Bean sprouts, green cabbage, red peppers, minced tangy jalapeno peppers, sugar peas, chopped cilantro, sliced green onions, sesame seeds in a ginger dressing. ***LOW FAT* $5.85**

Shrimp, Pea and Almond Salad ~ Garden fresh peas, sliced green onions, celery, bay shrimp and sliced almonds in a creamy dill dressing. **$10.75**

Spaghetti Salad ~ Spaghetti noodles, sliced mushrooms, green peppers, chopped green onions, chopped tomatoes, black olives and parmesan cheese in an Italian dressing. **$7.00**

Spinach Penne ~ Penne pasta, red onions, sliced almonds, tomatoes, whole black olives, fresh chopped spinach in a sweet creamy dressing. **$6.90**

Summer Salad ~ Radiator pasta, broccoli florets, red, yellow and green peppers, zucchini, red onions, cherry tomatoes, in a garlic basil vinaigrette. **$6.90**

Tabbouleh Salad ~ Bulgur wheat, chopped parsley, green onions, tomatoes and mint, in a lemon vinaigrette. **$7.00**

Thai Chicken Salad ~ Bowtie pasta, chicken chunks, fresh ginger, sliced green onions, shredded green cabbage and carrots in a spicy Thai barbecue dressing. **$7.95**

Three Bean Salad ~ Red onions, garbanzo beans, green peppers, green beans, yellow beans, and kidney beans, in a dill vinaigrette. **$4.95**

Tomato Basil Salad~ Seashell pasta, celery, red onion, basil, tomato, red wine vinegar, olive oil, salt, pepper. **$6.95**

Tortellini Salad ~ Cheese Tortellini, sliced red onions, sliced mushrooms, broccoli florets, green peppers and chopped tomatoes in a creamy Italian dressing. **$8.25**

Tomato Corn Relish ~ Fresh corn, diced tomatoes, fresh basil, chopped yellow tomatoes tossed in a citrus vinaigrette. $7.95

Tuna Seashell Salad ~ Shell pasta, green peppers, chopped celery, tomatoes, yellow onions, albacore tuna chunks and green peas in a creamy dressing. **$8.25**

Turkey Basil Salad ~ Radiator pasta, sliced green onions, turkey chunks, Parmesan cheese, in a creamy garlic, basil dressing. **$8.25**

Vegetarian Wild Rice Salad ~ Wild rice, chopped celery, green peppers, red onions, sliced mushrooms, parsley, shredded carrots, and broccoli florets in a Italian dressing. **$7.25**